

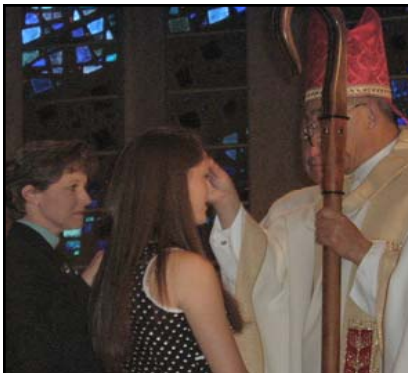
# Confirmation

Begins with 8th grade MFF

**Our Confirmation sacramental prep program begins with the 8th grade year of Middle School Faith Formation (MFF).**

Confirmation preparation is a two year program. The first year consists of regular attendance at 8th grade MFF. This gives students the knowledge of the faith needed to conclude their initiation into the church. The second year of the program is completed in high school (usually the 9th grade year). This part of the program focuses on the spiritual development of the candidate. The program culminates in receiving the sacrament of Confirmation in the Spring of the second year.

For more details on the Confirmation preparation program, including specific 8th grade MFF attendance requirements, please refer to the Confirmation informational brochure or visit [www.barts.org](http://www.barts.org).



## Why MFF?

Reasons to attend

**It is important for your child to participate in Middle School Faith Formation because ...**

- Kids this age are beginning to make complex choices on their own for the first time.
- We help students to recognize their unique gifts and talents. We emphasize each individual's importance to God and God's love for them.
- Our sessions provide a sense of community, a group of friends who have a similar faith background.

### **MFF Classes are offered:**

Wednesday evening 7—8:15 pm  
Thursday afternoon 4—5:15 pm

### **Enroll now by calling:**

Crystal Frost,  
Youth Minister  
(650) 347-0701,  
ext 11

Or visit:  
[www.barts.org](http://www.barts.org)

## Saint Bartholomew's Middle School Faith Formation Program



**A New Approach  
To Growing Faith  
In Today's  
Middle School Students**

St. Bartholomew  
600 Columbia Drive  
San Mateo CA 94402

Crystal Frost,  
Youth Minister  
(650) 347-0701, ext 11  
[crystal@barts.org](mailto:crystal@barts.org)

# Middle School Faith Formation Objectives and Approach

## Creative Catechesis Classes That Teach

**The goal of our Middle School Faith Formation program** is to create an environment where young people can learn about, develop, and feel comfortable in sharing their faith.

Sessions are individually developed and specifically designed for our Middle School Faith Formation program. We use a holistic approach and incorporate the multiple intelligences theory.

Our curriculum is flexible enough to incorporate current events and issues the kids are concerned about. We provide a unique opportunity for students to learn how to evaluate the world around them, how our faith applies to our lives today, and how to make good, ethical decisions.

We strive to give students a broad, accurate understanding of our faith. Moreover, we are committed to giving students the tools they need for a lifetime of faith.

We also recognize parents as their child's first teacher of faith. We support your role with regular newsletters, links to concise, relevant reading materials on our topics and several special parent presentations on key subjects.

### How do we keep kids engaged?

Most sessions begin with a lively opening activity related to the session's topic. We then use a wide variety of learning behaviors to explore our topic(s) in depth. Here are a few examples of lessons from past sessions!

- To teach the Principles of **Catholic Social Teaching** the students were immersed in the experience of life as an African refugee fleeing a war-torn homeland and emigrating to the U.S.



- Everyone's favorite **outreach project** is creating the Valentine's Day cookie boxes. Students fill each box with homemade cookies and write a personal note to the sick, bereaved, and recently baptized of our parish
- Learning **prayers** became a game of "Don't Forget The Words"

- To explore the **Wisdom Books** of the Old Testament students created their own psalm and performed it with musical instruments



- Instruction on the **parts of the church** turned into a church "scavenger" hunt
- To illustrate the importance of **moral discernment** we showed the video "Consuming Children" and analyzed examples of media influence

### You can help us succeed!

We need volunteers with special skills, talents, experiences, and faith to share. Check [www.barts.org](http://www.barts.org) for our current wish list. Our students need you!