

Christian Yoga

for St. Bart's Parishioners and Friends

Series of four classes led by **Dawn Summers**

Thursdays, January 7, 14, 21, and 28

from 6:00 to 7:15 p.m. in the Media Center

The cost for the series is \$48 per person

Please bring a yoga mat or beach towel and wear comfortable clothes.

Register as soon as possible with your name and contact information.

Make checks payable to **St. Bartholomew** and send to:

St. Bart's—Yoga Class

600 Columbia Dr.

San Mateo, CA 94402

*For questions, or more information, please
call **Barby Regan** at 347-0701, ext 18
or email barby@barts.org.*

